



U.S. NAVAL SUPPORT ACTIVITY, NAPLES

BASEWIDE MONTHLY EVENTS & ACTIVITIES

All-In-One Place ➤ Updated Monthly

CALENDAR



VOLUNTEERS WELCOME!



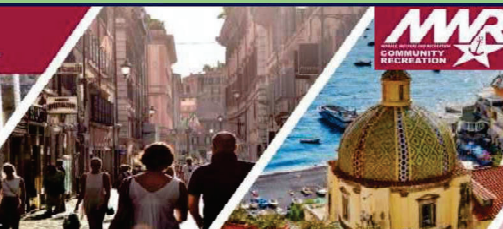
What's Happening...



Liberty Activities

For E1-E6 single and unaccompanied service members

TICKETS & TRAVEL



Captain's Cup

MONTHLY EVENTS @ USO Naples



AUGUST

FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

AREA ORIENTATION

Area Orientation (mandatory for newcomers)

Aug. 6 and 7 or Aug. 20 and 21

Wednesday, 7:45 a.m.-2 p.m.

Thursday, 7:45 a.m.-3 p.m.

Reel Times 2 Cinema, Support Site

Cultural Assimilation trips to downtown Naples

Friday, Aug. 8 and 22

7:45 a.m.-2:30 p.m.

Monday, Aug. 25

7:45 a.m.-2:30 p.m. (all ages)



INTERCULTURAL RELATIONS

Intercultural Relations trip:

Al Supermercato

Friday, Aug. 1

9:30 a.m.-2 p.m.

Italian at Lunchtime

(basic Italian for beginners)

Monday, Aug. 4 and 11

11 a.m.-12:30 p.m.

Capodichino

Easy Italian (Beginners)

Tuesday, Aug. 5, 19 and 26

10:30 a.m.-12:30 p.m.

Intermediate Italian

Thursday, Aug. 7

11 a.m.-12:30 p.m.

Advanced Italian at Lunchtime

Thursday, Aug. 28

11 a.m.-12:30 p.m.

Capodichino



TRANSITION ASSISTANCE PROGRAM (TAP)

Pre-Separation Workshop

Monday-Wednesday, Aug. 4-6

8 a.m.-4 p.m.

Department of Labor

Employment Workshop

Thursday and Friday, Aug. 7 and 8

8 a.m.-4 p.m.

Career and Credential Exploration
(Vocational Track)

Monday and Tuesday, Aug. 25 and 26

8 a.m.-4 p.m.

Capstone Event

Wednesday, Aug. 27

9 a.m.-Noon



EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

Command Point of Contact Training*

Thursday, Aug. 7

11 a.m.-Noon

Leadership Brief*

Thursday, Aug. 14

3-4 p.m.

Selective Service Information Session

Wednesday, Aug. 20

11 a.m.-Noon



FAMILY READINESS

Ombudsman Assembly Meeting

Tuesday, Aug. 19

5:30-6:30 p.m.

Reel Times 2 Cinema, Support Site



FAMILY EMPLOYMENT READINESS PROGRAM

Navy Spouse in Transition

Thursday, Aug. 14

9-10:30 a.m.



VIRTUAL WORK AND FAMILY LIFE PROGRAMS

The following programs are currently being offered virtually. Visit mynavyfamily.com to create an account and access virtual classes and online resources.

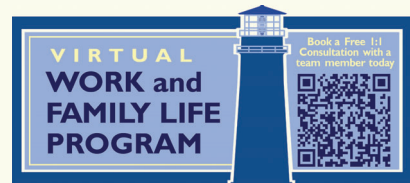


LIFE SKILLS



PERSONAL FINANCE MANAGEMENT

Scan the QR code below to book a 1:1 consultation with a team member.



SEXUAL ASSAULT PREVENTION AND RESPONSE

CDO Training

Tuesday, Aug. 12

1-3 p.m.

Initial Victim Advocate Training

Monday-Friday Aug. 18-22

8 a.m.-5 p.m.

Victim Advocate

Refresher Training (CEU)

Tuesday, Aug. 19

1-3 p.m.

Capodichino FFR Conference Room

Administrative Unit Victim

Advocate Training

Thursday, Aug. 28

10 a.m.-Noon

*Virtual class

Scan for email



To register for a class:

- Call 081-811-6372 | DSN 629-6372
- Email NSANaplesFFSC@us.navy.mil and include the class title, your name, email address, phone number, sponsor's rank and command.



AUGUST 2025



FOR THE PEOPLE WHO SERVE.™

USO NAPLES

Support Site Location

Village Forum

Hours:

M-F 10am-4pm

Capo Location

Air Terminal

Hours:

M-Th 8:30am-4pm

*Some events may be registration only -check with your local center for more information

S	M	T	W	T	F	S
					01 1000 - 1130 Water Wars Support Site USO	02
03	04	05 1000 - 1100 Morning Meet Up Support Site Community Room 1100 - 1200 Troop Time Capo	06	07 1000 - 1100 Morning Meet Up Support Site Community Room 1100 - 1200 Troop Time Capo	08 2000 - 2200 Jazz Under the Stars Support Site Village Forum	09
10	11 1000 - 1100 Morning Meet Up Support Site Community Room 1100 - 1200 Troop Time Capo	12 1100 - 1200 Volunteer Orientation Capo	13	14 1000 - 1100 Morning Meet Up Support Site Community Room 1100 - 1200 Troop Time Capo	15	16
17	18 1430 - 1530 First Day of School Floats SS Village Forum	19 1000 - 1100 Morning Meet Up Support Site Community Room 1100 - 1200 Troop Time Capo	20	21 1000 - 1100 Morning Meet Up Support Site Community Room 1100 - 1200 Troop Time Capo	22 1000 - 1100 Coffee Connections Support Site Community Room	23
24 31	25 1900 - 2000 Paws in the Park Support Site Dog Park	26 1000 - 1100 Toddler Time Support Site Community Room 1100 - 1200 Troop Time Capo	27 1100 - 1200 Volunteer Orientation Capo	28 1100 - 1200 Troop Time Capo	29	30

BECOME A USO VOLUNTEER! Sign up at volunteers.uso.org



TICKETS & TRAVEL



AUGUST DAY TOURS

Friday, Aug. 1

Sorrento and Pizza lesson in Vico Equense

Depart Support Site 9 a.m., depart Capodichino 9:30 a.m.

\$115 Adult, \$89 Child 2-11

Includes pizza lunch

Saturday, Aug. 2

Capri and Anacapri

Depart Support Site 6:30 a.m., depart Capodichino 7 a.m.

\$199 Adult, \$145 Child 2-9

Includes lunch and all fees

Sunday, Aug. 3

Wine Tasting in Taurasi*

Depart Capodichino 9 a.m., depart Support Site 9:30 a.m.

\$125 Adult, \$89 Child 3-15

Includes lunch

Friday, Aug. 8

AcquaFlash Water Park

Only departs Support Site 8:30 a.m.

\$25 Adult, \$15 Child 2-11

Transportation only

€20 entrance fee, swim cap required to use pool



Saturday, Aug. 9

Wine Tasting in Pompei*

Depart Support Site 10 a.m., depart Capodichino 10:30 a.m.

\$115 Adult, \$89 Child 3-15

Includes lunch

Sunday, Aug. 10

Montecassino Abbey

Depart Capodichino 8 a.m., depart Support Site 8:30 a.m.

\$75 Adult, \$55 Child, 3-15

€10 entrance fee

Friday, Aug. 23

Amalfi and Positano by boat

Depart Support Site 6:30 a.m., depart Capodichino 7 a.m.

\$69 Adult, \$49 Child 2-11

€40 boat fee

Saturday, Aug. 30

Wine Tasting in Avellino*

Depart Capodichino 9:30 a.m., depart Support Site 10 a.m.

\$115 Adult, \$89 Child 3-15

Includes lunch

Professional tour guide leads group.

*Must be at least 18 years old to purchase or consume alcohol.

Please drink responsibly.



- All tours are subject to cancellation if minimum reservations are not met.
- If your tour is canceled, all paid customers will receive an email notification and a refund.
- Prices are in U.S. dollars, unless otherwise stated.
- Entry fees are not always included, please bring euro cash to pay for your ticket.
- Tips and gratuities are optional and not included in the price.
- Entry fees may change without notice.

To reserve a tour or for more information:

- Go to myffr.navyaids.com
- Visit Capodichino or Support Site Tickets & Travel office
- Call 081-811-7907 / DSN 629-7907 or 081-568-4330 / DSN 626-4330



AUGUST | *activities*

Events are held at the Fleet Recreation Center unless specified.



Float into August

Friday, Aug. 1

Begins at 11 a.m.

Enjoy a delicious ice cream float.

Free while supplies last.

Summer Rocks

Wednesday, Aug. 20

Begins at 11 a.m.

Have a glass of refreshing lemonade and rock to fun music and Karaoke! Cool off and have some fun!



Play Dough Mania

Monday, Aug. 4

Make your own dough with recipes provided. Gather fun ideas. Create a sculpture and enter our contest. Creations will be on display until Aug. 7. Winner will be decided by patrons.

Corn Hole and Grill Your Own Meat

Friday, Aug. 22

Begins at 11 a.m.

Enjoy corn hole on the outdoor Fleet Recreation Center patio with a thirst-quenching beverage (while supplies last).

The grill will be available for your use.

Ice cream and other snacks available for purchase.

Origami

Wednesday, Aug. 6

Begins at 11 a.m.

Origami is the art of paper folding. MWR will provide models to create intricate shapes.

Make a Sculpture

Wednesday, Aug. 27

Begins at 11 a.m.

Be creative with Model Magic that allows you to sculpt a fun project! The modeling compound is easy to shape and will air dry! While supplies last.

Sports Party

Friday, Aug. 8

Begins at 4 p.m.

Join the party with Nintendo Switch games.



Best of the Best

Friday, Aug. 29

Cool off and hone your cognitive skills at the same time. Complete as many crossword puzzles and word searches as possible (levels for all ages). Be named "Best of the Best" winner!

Watermelon Social and Carving

Thursday, Aug. 14

Begins at noon

Cool off with some refreshing watermelon or show off your carving skills. While supplies last.

*Summer fun
in Gaeta*



Summer Reading Program

Prize Pickup

Aug. 18-22

If you earned credits with the Summer Reading Program, please pick up your prizes at the Fleet Recreation Center or NSA Naples libraries.

Visit or call MWR Customer Service Desk to learn all about fun opportunities available in Gaeta including sightseeing tours, boat excursions, special reduced fees for a local spa and group exercise classes held off base!

Pavilion Rental

Olde Mill Inn Park pavilions are available for your next party or event. To rent a pavilion or for more information, call 081-568-8357.

For more information, please call the MWR Service Desk at 081-568-8357 / DSN 626-8357

or email MWR_Gaeta@us.navy.mil

Connect with MWR 24/7 at www.navymwrnaples.com  www.facebook.com/mwrgaeta





LET'S MEET UP!

Hang out with friends at Strikers!

BOWLING

KIDS BOWL FREE

Mondays-Fridays, now through Aug. 15
10 a.m.-4 p.m. • Strikers Bowling Center
Kids registered in the program receive two free games of bowling each weekday. Register your child(ren) at kidsbowlfree.com.



Kids Cosmic Light Show

Tuesdays, July 1-30
1-4 p.m.
No additional charge



Cosmic Bowling

Fridays and Saturdays, July 5-Sept. 27
9 p.m.-Midnight
\$10 per person, includes shoe rental



Bumper Buddies Bowling

Mondays, Aug. 18-Sept. 29
4-6 p.m. • For kids 2-6 years old
\$10, includes shoe rental and a kid's meal from Strikers Grill



Thursday Night Mixed League

Sept. 4-Nov. 20*
6-9:30 p.m.
Register now through Sept. 4 at 5 p.m.
Captains meeting: Tuesday Sept. 2, 6 p.m.
\$9 per night (optional show rental \$3)
*Number of weeks depends on number of bowlers.

POOL

Eight-Ball tournaments

Sundays, July 13, Aug. 10 and Sept. 14
Begins at Noon
Registration begins at 11:30 a.m. on the day of the tournament.

TOURNAMENT WINNERS
RECEIVE A PRIZE!

Nine-Ball tournaments

Sundays, July 27, Aug. 24 and Sept. 28
Begins at Noon
Registration begins at 11:30 a.m. on the day of the tournament.

O'RHYS IRISH PUB

Line Dance Classes

Tuesdays, July 1-Sept. 30 • 6-7 p.m.
\$10 per lesson per person • \$32 per person for four-class package • \$60 per couple four-class package
7 p.m., free open line dance begins. Anyone may join the fun!



Trivia

Wednesdays, July 2-Sept. 24 • 6:30-8:30 p.m.
Have fun with your friends answering trivia questions on a wide and funny range of topics!

Jam Sessions

Thursdays, July 3-Sept. 25
6:30-9:30 p.m.
Join the group to play or sing. Bring your own instrument or use an MWR instrument.

Saturday Night Karaoke

8 p.m.-12:30 a.m.
July 5 and 19, Aug. 2, 16 and 30, and Sept. 13 and 27



Salsa Dance

Mondays, July 7-Sept. 29 except Italian holidays
Lessons, 5:30-7:30 p.m.
\$12 per person per class • \$40 per person for four-class package
\$70 per couple four-class package
7:30 p.m., free open dance begins. Everyone may join the fun!



LET'S PARTY!

Dance Parties

Fridays, July 11-Sept. 26
9 p.m.-1 a.m.
Join the fun with our special guest DJ spinning high-energy music.

Spades Tournaments

Fridays, July 25, Aug. 29 and Sept. 26
7-10 p.m.
Bring a partner, your game and the smack talk that comes with it. The winning team earns braggin' rights until the next tournament.



JOIN US AT THE



CHAPEL



NSA NAPLES SUPPORT SITE & CAPODICHINO

CATHOLIC WORSHIP

Saturday

16:00 | Confession & Adoration

17:00 | Mass | Support Site

Sunday

10:45 | Confessions

11:30 | Mass | Support Site

For the daily Mass schedule and more,
visit the Facebook page **@Good Samaritan
Catholic Community (Naples, IT)**

PROTESTANT SUNDAY SERVICE

Sunday | 09:30 Service | Support Site

*Points of contact for local Jewish and
Latter Day Saints are available. Please
contact the Chaplain's Office for more
information, see info below.*

† WOMEN'S GROUPS

Catholic Women of the Chapel

Tuesdays | 18:30 | Support Site

Wednesdays | 09:30 | Support Site

Facebook: CWOC - Naples, Italy

Protestant Women of the Chapel

Tuesdays | 09:00 | Support Site

Facebook: PWOC Naples, Italy Group

† RELIGIOUS EDUCATION

Catholic CCD

Sundays | 10:00-11:00 | Support Site

Catholic Youth Group

Weekly gatherings, alternating between

Thursdays & Sundays | Support Site

Catholic OCIA

Tuesdays | 18:00 | Support Site

† MEN'S GROUPS

Catholic Men's Bible Study

Saturdays | 08:00 | Support Site

Knights of Columbus

Monthly meetings | Facebook: Knights of
Columbus, San Gennaro Council 14853.

Protestant Men's Bible Study

Wednesdays | 18:00 | Support Site

Protestant Awana Club

Sundays | Support Site

Protestant Youth Group

Wednesdays | 17:00 | Support Site

Family Life Group

First & Third Wednesdays | 17:00-19:00 |
Support Site

CONTACT INFO

Facebook **@NSA Naples Chapel**

Duty Chaplain | +39 366-680-5972

Chaplain's Office Support Site

DSN: 629-4608 | Com: 081-811-4608

Chaplain's Office Cappodichino

DSN: 626-3539 | Com: 081-568-3539

KIDS SUMMER MOVIES

Beat the heat with an afternoon movie on
Wednesdays, Thursdays and Fridays this summer!

SCHEDULE



June 11	Sing (G)
June 12	Zootopia (PG)
June 13	Soul (PG)
June 18	Wall-E (G)
June 19	Surf's Up (PG)
June 20	Turning Red (PG)
June 25	Super Mario Brothers (PG)
June 26	Encanto (PG)
June 27	Sonic the Hedgehog (PG)
July 2	Despicable Me 4 (PG)
July 3	Dogman (PG)
July 9	Paw Patrol (G)
July 10	The Princess and the Frog (G)
July 11	Kung Fu Panda 4 (PG)
July 16	The Lion King (1994) (G)
July 17	Wish (PG)
July 18	Harold and the Purple Crayon (PG)
July 23	Aladdin (1994) (G)
July 24	Luca (PG)
July 25	Piece by Piece (PG)
July 30	Finding Nemo (G)
July 31	Coco (PG)
Aug. 1	E.T. The Extra-Terrestrial (PG)
Aug. 6	Wreck It Ralph (PG)
Aug. 7	Moana 2 (PG)
Aug. 8	Penguins of Madagascar (PG)

2 p.m.

It's already hot,
so we're giving you
a cool place to
hang out in the
afternoon
for free!

Reel Times 2 Cinema

**Seating is on a first-come,
first-served basis.**

Concession stand will be open
(no outside food
or beverages allowed.)



For more information, call 081-811-4070 • DSN 629-4070.



YOUR *Virtual* FFSC WEBINAR SCHEDULE

AUGUST 2025

We have webinars scheduled to suit time zones around the world!

Visit MyNavyFamily.com, select a topic, and view available sessions with times automatically converted to your local time.

DEPLOYMENT SUPPORT

Looking for deployment training? Click Deployment on the LMS for the following trainings.

- Deployment Sleep Strategies
- Equipping Your Kids During Deployment
- Ready, Set, Deploy: Pre-Deployment Planning
- Single Sailor Deployment Tools
- The Service Member's Guide to Family Care Plans



EMPLOYMENT

Power Up Your Resume for Remote Jobs	8/13/25	1:00 PM EDT	10:00 AM PDT
First Impressions Matter, Make Yours Count: Civilian Resume Writing	8/13/25	3:00 PM EDT	12:00 PM PDT

Want more? Click on Employment for dates and times for:

- Becoming Federal Resume Savvy
- Job Search Hacks
- Mastering the Modern Resume
- Mastering Virtual Interviews
- Remote Ready: A Spouse's Roadmap to a Virtual Career!
- Understanding USAJobs

PERSONAL GROWTH



Understanding Anger	8/5/25	10:00 AM EDT	7:00 AM PDT
Healthy Relationships	8/12/25	2:00 PM EDT	11:00 AM PDT
Leadership Development	8/19/25	11:00 AM EDT	8:00 AM PDT
Stress Management	8/19/25	10:00 AM EDT	7:00 AM PDT
Conflict Management	8/27/25	2:00 PM EDT	11:00 AM PDT
Building Bridges - Nurturing Healthy Relationships	8/27/25	11:00 AM EDT	8:00 AM PDT

MENTAL WELL-BEING

Staying Safe: Vigilance and Awareness in Preventing Stalking in IPV Relationships	8/14/25	2:30 PM EDT	11:30 AM PDT
Healing Through Parenting	8/21/25	1:00 PM EDT	10:00 AM PDT

PARENTING



Parenting to Prevent PSB: Ages 2-4 (SHAPE Module 2)	8/7/25	9:00 AM EDT	6:00 AM PDT
Parenting to Prevent PSB: Ages 5-9 (SHAPE Module 3)	8/14/25	9:00 AM EDT	6:00 AM EDT
Parenting to Prevent PSB: Preteens (SHAPE Module 4)	8/21/25	9:00 AM EDT	6:00 AM PDT
What About the Kids?	8/21/25	1:00 PM EDT	10:00 AM PDT
Parenting to Prevent PSB: Teens (SHAPE Module 5)	8/28/25	9:00 AM EDT	6:00 AM PDT

Join us for these webinars offered throughout June:

- Helping Kids Thrive Through Change
- Nine Steps to Positive Parenting
- Spotting the Signs of Youth Suicide



- 1 Go to MyNavyFamily.com to log in or create a free account.
- 2 Select the category on the home page, then select your webinar.
- 3 Confirm the start time and click "Enroll Me."

The FFSC LMS also has comprehensive resources like New Spouse Orientation, the Navy Family eHandbook, and the Navy Spouse library.

PERSONAL FINANCIAL MANAGEMENT

Maximizing Your Credit Card Rewards	8/1/25	10:00 AM EDT	7:00 AM PDT
Baby Breaks the Bank	8/8/25	2:00 PM EDT	11:00 AM PDT
Navy Retirement...Is it Enough?	8/21/25	1:00 PM EDT	10:00 AM PDT
Military Marriage 101: Building Stronger Bonds & Financial Security	8/27/25	1:00 PM EDT	10:00 AM PDT

Click Personal Financial Management for webinars on:

- Booties & Budgets: Welcoming Your First Child and Baby-Proofing Your Finances
- Command Your Credit
- Emergency Financial Preparedness
- Financial Readiness Before Deployment: Securing Your Future
- Making the Most of your Overseas Pay
- Making your Money work for you
- Military Retirement Planning
- PCS and your Pocketbook
- Planning your Financial Future
- Servicemembers Civil Relief Act Q&A
- Stretching Budgets and Maximizing Nutrition
- TSP Essentials for Navy Life: Grow Your Savings, Secure Your Future



RELOCATION

Smooth Move - Overseas	8/5/25	1:00 PM EDT	10:00 AM PDT
Smooth Move	8/7/25	3:00 PM EDT	12:00 PM PDT
Sponsorship - From the Sailor to the Family	8/12/25	12:30 PM EDT	9:30 AM PDT
Sponsor Training	8/14/25	3:00 PM EDT	12:00 PM PDT

Click Relocation for webinars on:

- Calming Cultural Shock
- Planning the Perfect PCS
- Stepping up Support: Sponsorship Training and the PCS Process - all offered several times throughout August for your convenience!

TRANSITION

Transition Assistance Program (TAP) for Leaders	8/28/25	3:00 PM EDT	12:00 PM PDT
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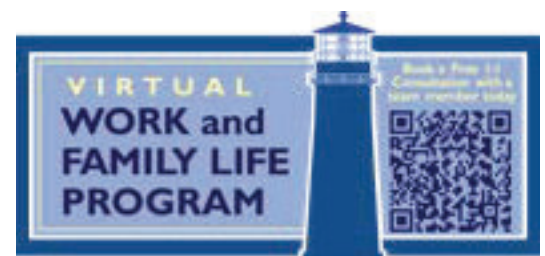
RESILIENCE

Mind Body Mental Fitness (MBMF)

Module 1: Stress Resilience	8/5/25	1:00 PM EDT	10:00 AM PDT
Module 2: Mindfulness and Meditation	8/12/25	1:00 PM EDT	10:00 AM PDT
Module 3: Living Core Values	8/19/25	1:00 PM EDT	10:00 AM PDT
Module 4: Flexibility	8/26/25	1:00 PM EDT	10:00 AM PDT



Want to learn more about resilience? Join us for Bounce Back Better. See the LMS for times in your time zone.



Sponsorship Training

Expecting new arrivals? Learn the roles, responsibilities, and best practices of becoming a sponsor. You will receive the tips, tools, and resources needed to execute your duties and provide an informative and welcoming experience for your command's newcomers. Open to Active Duty, DoD Civilians, Contractors, and family members.

2025



16 Jan 2025	0900-1200 Support Site
4 Mar 2025	0900-1200 Capodichino
22 May 2025	0900-1200 Support Site
5 Jun 2025	0900-1200 Capodichino
17 Jul 2025	0900-1200 Support Site
25 Sep 2025	0900-1200 Capodichino
6 Nov 2025	0900-1200 Support Site

COMMAND SPONSOR AND INDOCTRINATION PROGRAM OPNAVINST 1740.3E

"Ensure sponsors have completed sponsor training prior to being assigned as a sponsor."

<https://www.militaryonesource.mil/moving-housing/moving/sponsorship/the-new-esponsorship-application-and-training>

Registration required.

Email: nsanaplesffsc@us.navy.mil

DSN: 629-6372

COMM: 081-811-6372



Updated 19 Mar 25

USO YOUTH PROGRAMS

WATER WARS: SUMMER SEND OFF



Join us on **Friday, August 1st from 10-11:30 AM** for a splash-tastic day of fun as the USO & Fire Department wrap up summer with water-filled activities for all ages!

Enjoy age-group slip & slides, toddler pool slides, water balloon battles, and wet sponge relay games — the perfect way to cool off and celebrate the season.



USO.org/YouthPrograms

PLEASE JOIN US IN A
NIGHT TO CELEBRATE THE

250TH

Navy Ball

18 OCTOBER 2025

HOTEL ARISTON PAESTUM

6 PM COCKTAIL HOUR
7 PM CEREMONY
8 PM DINNER
9 PM DANCING
12 AM END OF EVENT

Overnight room reservations available.
Please scan the QR code for pricing and tickets.
GET YOUR TICKETS NOW!



USO YOUTH PROGRAMS

MORNING MEET UP



Beat the Heat – chill out with a show & treat! Looking for a cool way to spend a summer day? Join us at the **Support Site Community Center** from **10-11 AM, Tuesday and Thursday** for snacks & relaxation. Whether you're looking to unwind or just escape the sun, we've got the perfect spot for some family fun!



USO NAPLES

USO TROOP TIME: GOOD FOOD, GREAT COMPANY!



Take a break and refuel at **USO Troop Time** every **Tuesday and Thursday** from **11:00-12:00** at the **USO Capo Lounge**.

Enjoy a meal, connect with local base organizations, learn about local resources and join in on minute to win it games to win great prizes!



USO.org/CENTERS

Captain's Cup

2025

WEDNESDAYS

5 p.m.

Aug. 6

Aug. 13

Aug. 20

Golf Tournament

Represent your command and compete to win the coveted 2025 Captain's Cup trophy!

Three-round tournament with a scramble format. The lowest cumulative team score wins the tournament. Teams from the same command/unit, but can have different players for each round.

No charge for green fees. Club rental and golf car available for a fee. If renting clubs, please note left- or right-hand clubs when registering.



Register by Aug. 5 at Support Site Fitness Forum or Carney Park Golf Course. Coaches meeting Aug. 6, 4:30 p.m. at golf course.

For more information, call 081-526-4296.



USO YOUTH PROGRAMS

USO FUN FRIDAYS!



Join us on Fridays from 10:00–11:30 AM for themed activities full of summer fun!

Whether we're soaking up the sun outside or beating the heat indoors, it's always a great time for kids to laugh, play, and make memories.

Don't miss out on the fun—every Friday is a new adventure!



USO.org/YouthPrograms

USO NAPLES

JAZZ NIGHT UNDER THE STARS



Pack your charcuterie and cold drinks and join the USO for summer night of jazz and chill. Live music by Italian and American musicians, including **US Naval Forces Europe Band.**

- Date: **August 8th , 2025**
- Time: **2000 - 2100**
- Location: **Village Forum**

Tables and seating will be available.

Foldable chairs encouraged.
No Pets please.



USO.org/CENTERS



NSA Naples Fleet & Family Support Center Command Financial Specialist (CFS) Training & Forum



CFS Training:

FFSC Support Site

August 11-15, 2025

0800-1600

CFS Forum:

FFSC Support Site

August 15, 2025

1400-1500

*Please arrive at 1300 to attend the graduation & support the new Command Financial Specialists

Qualifications of a CFS

The command financial specialist must function as the command's principal advisor on policies and matters related to personal financial management.

They should be:

- Pay grade E-6 and above including officers or an E-5 with at least of 6 years of service
- Highly motivated and financially stable (must meet the financial overseas screening)
- Have at least 1 year remaining in the command at the time of course completion
- See OPNAV INSTRUCTION 1740.5D for additional information



**For more information please call or
email Fleet & Family Support Center
Comm: 081-811-6372 or DSN: 629-6372
NSANaplesFFSC@us.navy.mil**





THE ACADEMY | MILITARY YOUTH WELL-BEING

AUGUST 13 - SEPTEMBER 24

ONLINE PROFESSIONAL DEVELOPMENT SERIES

STRENGTHEN YOUR SKILLS TO SUPPORT MILITARY YOUTH

The Military Family Readiness Academy is an annual programming series, produced by OneOp, focused on issues relevant to all military family service providers. This year the focus is military youth well-being. Attend the Academy to gain valuable insights, strategies, and resources to promote positive youth development!

FEATURED EVENTS

- **August 13, 2025** | Unified Support for Military-Connected Teens' Well-Being: A Panel Discussion
- **August 27, 2025** | Fostering Belonging for Military-Connected Teens
- **September 10, 2025** | Creating Accessible Youth Development Programs in Military Communities
- **September 24, 2025** | Launching Leaders: Preparing Military-Connected Teens for Adulthood

All events start at 11:00 am ET.



CONTINUING EDUCATION

The Academy will offer **FREE** continuing education credits from select credentialing agencies. Earn up to **SIX** continuing education credits! Visit our website for specific CE information.

WHO SHOULD ATTEND

Service providers from multiple disciplines working with military families are encouraged to attend the Academy. Attend to gain tools, resources, and tactics to help you support military families.



REGISTRATION IS OPEN

SCAN THE QR CODE OR USE THE URL TO LEARN MORE!

[ONEOP.ORG/SERIES/2025ACADEMY](https://oneop.org/series/2025academy)



MILITARY FAMILY READINESS ACADEMY

August 13th, 2025 | 11 am - 12:30 pm ET

RESERVE YOUR SPOT TODAY!

<https://oneop.org/learn/160098/>

UNIFIED SUPPORT FOR MILITARY-CONNECTED TEEN WELL-BEING: A PANEL DISCUSSION

This 90-minute panel will discuss how service providers across the Military Family Readiness System can support the well-being of military-connected youth. This panel will introduce the impacts and supports for adolescents in military-connected families.

MODERATOR:

Dr. Mallory Lucier-Greer, Auburn University
Professor and Director, Military REACH

PANELISTS:

Brent Edwards, Navy Child and Youth Programs, Youth Programs Coordinator, Commander Naval Installations Command

Dr. Gregory Leskin, Licensed Clinical Psychologist, Director for Military and Veteran Families Program at the National Center for Child Traumatic Stress

Dr. Casey Mull, Associate Director, Program Lead, 4-H Youth Development CES/Clinical Associate Professor ASEC

Dr. Sabrina Richardson, Department Of Defense, The Millennium Cohort Study of Adolescent Resilience (SOAR) Researcher



The Military Family Readiness Academy is a comprehensive series designed to support service providers working with military families. This year, the 2025 Academy will address the critical issue of adolescent well-being. Academy learners can dive into the issues impacting adolescents in military families while identifying strategies and resources to better support youth.

The Academy includes a live interactive panel discussion and three interdisciplinary webinars led by military-connected youth experts. Over six weeks, the Academy will deliver professional development programs to equip service providers with the skills to support positive youth development.

DON'T MISS THE REST OF THE ACADEMY!

August 27th - [Fostering Belonging for Military-Connected Teens](#)

September 10th - [Creating Accessible Youth Development Programs in Military Communities](#)

September 24th - [Launching Leaders: Preparing Military-Connected Teens for Adulthood](#)

Gain up to SIX continuing education credits!



OneOp
Readiness. Knowledge. Network.



This material is based upon work supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, and the Office of Military Family Readiness Policy, U.S. Department of Defense under Award Number 2023-48770-41333.

Lace up your sneakers and
get ready for an exciting
new school year!

Thursday, Aug. 14
BACK-TO-SCHOOL
Run/Walk

9 a.m. | Begins at Fitness Forum



The Back-to-School Run/Walk offers a
5k-route and a 1-mile fun run for kids.
Strollers and pets are permitted.

The event is free, but registration is required.
Please scan the QR code online to register online
or register at Support Site Fitness Forum front desk.



Date
**Friday,
Aug. 15**

Time
Noon-2 p.m.

HOME SCHOOL HAPPENING

LOCATION

**Reel Times 2
Cinema**

ACTIVITY

Watch *Moana 2* with the group.
Concessions (one drink, one small popcorn
and one candy) provided.

Concessions and activities begin at noon. Movie begins at 12:30 p.m.
Kids ages 12 years and younger must be accompanied by an adult.
Registration not required.



For more information,
email the NSA Naples School Liaison at NaplesSLP@us.navy.mil.



SAPR



INITIAL VICTIM ADVOCATE TRAINING (IVAT)

Event Date: AUG 18-22, 2025

Location: Support Site FFSC

STEPS TO BECOMING A SAPR VA:

- Contact your command Admin Unit Victim Advocate or the SAPR office
- Complete your registration paperwork
- Schedule and complete interview with Installation SARC
- Attend the 40 hour course Aug 18-22
- Submit certification package to get certified as a SAPR VA
- All Set! You are on your way to making a difference!

**STEP FORWARD AND BECOME A SAPR VICTIM
ADVOCATE (VA) TO SUPPORT ADULT SEXUAL ASSAULT
VICTIMS IN MAKING REPORTS AND CONNECT THEM
WITH RESOURCES.**

REGISTER NOW! CONTACT FFSC SAPR OFFICE
DSN: 629-6372 | COMM: +39 081-811-6372

francisca.t.kankam.naf@us.navy.mil

johanna.rosario2.naf@us.navy.mil

kristyn.m.birkeland.civ@us.navy.mil



USO YOUTH PROGRAMS

FIRST DAY OF SCHOOL FLOATS



Kick off the school year with a sweet celebration on **Monday, August 18th from 1430-1530 at the Village Forum** and join us for floats & fun as we celebrate the first day of school!

Whether you're a student, parent, or just love a good float, swing by and let's raise a float to the new school year!



USO.org/YouthPrograms

DROP
THE ↓
BEAT

Mic Check!
Are you comin'?

**Back
to the**

90s

Party

**Join us to celebrate new students
and the new school year.**

Monday, Aug. 18

2:30-4:30 p.m.

Teen Center, Support Site

Are you
new?
Let us
know!



For more information, email NaplesCYP1@us.navy.mil.



AMERICAN SOCCER CLUB OF NAPOLI

TRYOUT CAMP

A FREE camp designed to give players an opportunity to experience ASC Coaches and expectations prior to tryouts

AUGUST 19-21 | 6:00-8:00PM
OPEN TO PLAYERS BORN 2017-2010

**REGISTER
HERE!**



tinyurl.com/2025TryoutCamp



2025-2026 SOCCER TRYOUTS

AUGUST 26, 27 & 28

6PM-7PM | 2017-2014 Year Group

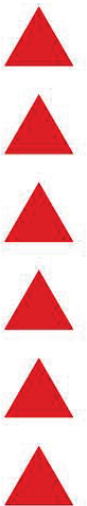
7PM-8PM | 2013-2010 Year Group



tinyurl.com/2025ASCTryouts

**Register by
August 22**

Visit tinyurl.com/ascnaples for more information!



Meet the MFLCs

Military & Family Life Counselors

explore



meet



discover



Explore ...

How the Naples Military & Family Life Counseling program provides confidential, non-medical counseling, consultation and outreach to students and families.

Meet ...

The elementary, middle/high school and CDC/SAC/Teen Center counselors.

Discover ...

Ways that MFLCs provide support for separation stress, relocation adjustment, bullying, anger management, coping skills and life skills.

Friday, Aug. 22

7:45-8:45 a.m.

DoDEA Front Sidewalk
Support Site

*Cornetti, cocoa and
coffee will be provided.*

For more information, email NaplesCYP1@us.navy.mil.





SIPS WITH Caffè CYP AND SV

Sip, chat and connect.

We want your in-person feedback!
Drinks and croissants provided.

Learn more about:

- Classes
- Sports schedules
- Adult employment
- Education support resources

Friday, Aug. 22
7:45-8:45 a.m.

We will be at the
DoDEA front sidewalk
Support Site

For more information, email NaplesCYP1@us.navy.mil.



USO CANINE PROGRAM

PAWS IN THE PARK



Join us for Paws in the Park on **August 25th** from **1700-1800** at the **dog park near the skate park** on Support Site!

Bring your four-legged friends for some tail-wagging fun including treats, games, and socialization time for both pets and their humans.



[USO.org/CANINE](https://www.uso.org/CANINE)



SPADES TOURNAMENT

7-10 p.m.
O'Rhys Irish Pub

Friday

JULY 25
AUG. 29
SEPT. 26



Do you think you are the King or Queen of Spades?
It's time to prove it!
The winning team gets a prize.

**Register by 5 p.m. the day of the
tournament at Strikers Bowling Center
front counter.**

Must be at least 18 years old to participate.



Friday-Sunday, Aug. 29-Sept. 1

Carney Park ★ Naples, Italy

Games begin Friday, 6 p.m. • Coaches meeting Friday, 5:30 p.m.



\$300 per team
The tournament is open to co-ed teams only.

To reserve cabin/camping accommodations in Carney Park, please call +39 081-526-1579.
Make it a vacation! Scan the code to check out our local tours.



To register your team, call +39 081-811-6528 | DSN 314-629-6528.



Community Recreation Director's **INFORMATION SESSION**

Tuesday, Sept. 9

6-8 p.m.

Reel Times 2 Cinema, Support Site

Topics include:

- How to register and be a successful food/activity vendor at Harvest Festival (formerly Spooktacular)
- Is your Non-Federal Entity (NFE) and/or Private Organization base recognized?
- Region Legal Services Office and Commissary representatives will answer your questions
- Community Recreation Director Chris Kasperek will discuss lessons learned from 35 years of event planning on what it takes to make a successful vendor experience



Do you have a topic idea for an upcoming Information Session?

Email NaplesMWR_SpecialEvents@us.navy.mil

or call 081-811-4459 | DSN 629-4459.





LINE DANCE Classes

*Learn different styles of line dancing, then
have fun dancing with your friends!*

**Tuesdays through Sept. 30
6-7 p.m.**

**7 p.m.
Free open line
dance begins.
Anyone may
join the fun!**

\$10 per lesson, per person

\$32 per person for four-class package

\$60 per couple for four-class package

Register and pay at the Strikers Bowling counter.
For more information, call 081-811-6988 | DSN 629-6988.



Parent and Me Swim Classes



June 10-Aug.15

Support Site Pool • \$40 for eight 30-minute classes

Teach your baby or toddler water skills to help them know how to react in water.

Our instructors create a comfortable, interactive and engaging learning environment by using songs and other fun activities. Instructors will explain skills and routines as well as assist parents with submersions, back floating and movement in the water.

For class dates/times and to register/pay, please scan here:



For more information, call 081-811-6513 or email
NaplesMWR_Aquatics@us.navy.mil.





Fall Youth Sports

Boys and girls ages 5-18

Soccer and Flag Football

Oct. 18-Dec. 13

Carney Park and Support Site

Volleyball

Oct. 24-Dec. 12

Youth Center gym

Games*

Practices begin Sept. 29

Support Site fields and
Youth Center gym

\$60



Mandatory assessments**

Soccer, Flag Football and Volleyball for ages 9-18.

Soccer and Flag Football	Volleyball
Sept. 13	Sept. 18
9 a.m.	5 p.m.
Carney Park	Youth Center gym

Mandatory Parents Meet and Greet

Volleyball

Sept. 18, 5 p.m. at Youth Center gym

Soccer and Flag Football

Sept. 24 or 25, 4:20 p.m. at Support Site fields



Scan here for more information,
required parent training,
download registration forms
and a link to pay.

Register
and pay
Aug. 4-Sept. 11



**Players who miss the scheduled assessment have no guarantee of a spot in the season's league. Make up assessments scheduling is not guaranteed. There will be no refunds provided after assessments are completed with the exception of a medical condition. Newly PCSed families must show proof of orders.

*No games on U.S. holidays and long weekends.

For more information, email the Youth Sports Coordinator at
NaplesYSF@us.navy.mil or call 081-811-4722 / DSN 629-4722.





OCONUS Emergency Travel Assistance Grant

Grant Program for Military Members

Aligning with the American Red Cross mission of helping military members prepare for, cope with, and respond to the challenges of military service, Service to the Armed Forces (SAF) is implementing the OCONUS Emergency Travel Assistance Grant.

This program will provide financial assistance to military members, including National Guard and Reserve, actively serving Foreign Outside the Continental United States (F-OCOUS) who are currently on or about to begin emergency leave.

All categories of emergency leave are eligible for this grant. Service members must provide a copy of their emergency leave orders. Eligible service members will be awarded a \$500 grant.

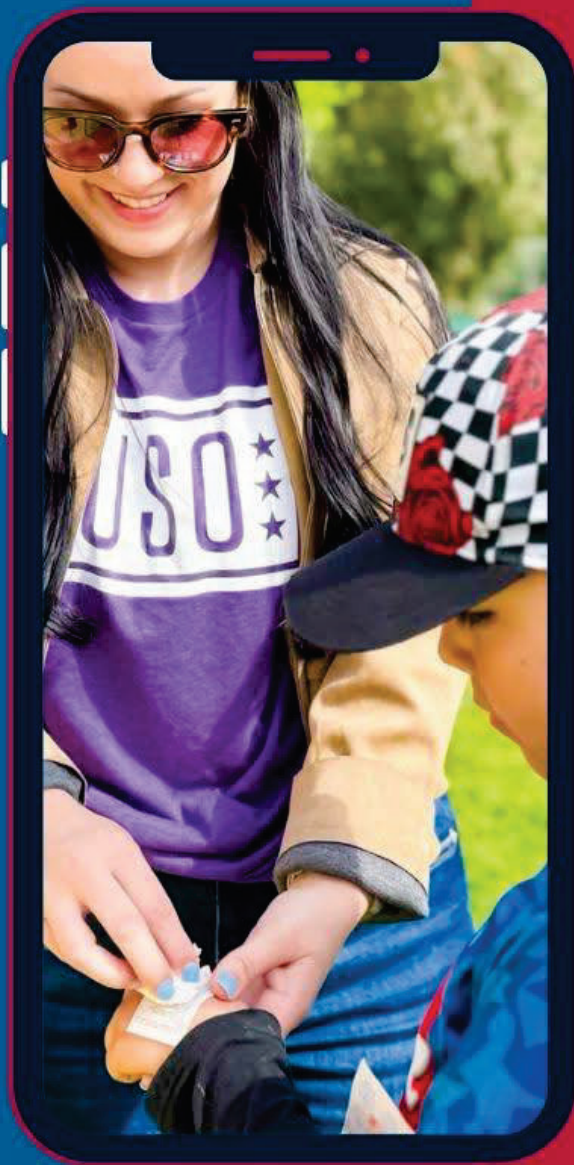
The OCONUS Emergency Travel Assistance Grant will be available for a limited time based on the availability of funds.

To apply, please contact the Hero Care Center at 1-877-272-7337.



**American
Red Cross**

Service to the Armed Forces



WE'RE HIRING



**CENTER OPERATIONS
SPECIALIST**

USO NAPLES CENTERS

Apply Now!



Accepting Applications at:

www.USO.org/Careers

Join the USO team and make a difference in the lives of service members and their families every day!



CYP is HIRING!

Build a rewarding
career in child care
and recreation!



Information and interview opportunities

Drop-in Interviews

Tuesday, Sept. 9

9 a.m.-Noon

Youth Center (Bldg. 2072)

Support Site

Please arrive by 11 a.m. to begin
the process.

Meet with an HR Specialist,
apply for a job and be interviewed.
Prepare to stay for several hours.

*Join our
team!*

For a list of openings, details and
information on what to bring to
the interview, go to

<https://www.navymwrnaples.com/child-youth/cyp-hiring-event>

**CYP staff members
may be eligible
for up to \$2,000 in
retention bonuses!**

Benefits include:

- Medical, dental and life insurance
- Exciting work locations
- Career advancement
- Tuition assistance
- Retirement and 401k with three percent employer match
- Location flexibility when you or your family needs to move
- Preferred child care for children with a 100 percent discount

Please note: Benefits are for
qualified or eligible employees.





WE ARE HIRING!



Join our valued team at
Fleet and Family Readiness!

Our group includes individuals entry level to senior management who provide quality-of-life services to military, DoD civilians and their families at NSA Naples.

Scan here for current NAF
and GS job openings!



NSA NAPLES DIGITAL JOB RESOURCES

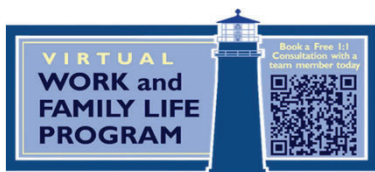
Family Employment Readiness Program (FERP) Looking for a job? Changing careers? We can help you along your career path. The Fleet and Family Support Center recognizes your immense value and skill as a military spouse and is committed to help you pursue the career of your dream.

We offer FREE assistance in the following areas:

- Career and Employment Resource Navigation
- Federal and Nonfederal Jobs Search
- Resume-Building Guidance
- Interview Techniques
- Employment-Themed Workshops
- Job Fairs and Self-Presentation
- Skills Solution-Focused Coaching
- Cheerleading

Fleet and Family Support Center Services are open to all Active Duty, Spouses, Family Members, Retirees, and DoD civilians.

NSANaplesFFSC@us.navy.mil



<https://www.navymwrnaples.com/support-services/fleet-and-family-support-center/nsa-naples-employment-resources>



See a movie

at Reel Times 2 Cinema



New stadium seating!



Scan here for a
weekly schedule

Reel Times 2 cinema





**American
Red Cross**

**Adult & Pediatric
First Aid/AED +
CPR Training**

**Blended learning format:
Online & In-person**

We also offer:

**Babysitter certification
with CPR/AED/First Aid**

 081-568-4788

 naples@redcross.org

**Upcoming classes
and registration**





**American
Red Cross**

Service to the Armed Forces

VOLUNTEERS WELCOME!



**Interested in
joining us?**



Call us at 081-568-4788 or send us
an email at naples@redcross.org
for questions. We are looking
forward to hear from you!



Society of
SAME
American Military Engineers
Italy Field Chapter

JOIN US!

The SAME Italy Field Chapter aims to increase membership and engagement in Italy by participating in events like membership drives, STEM outreach, and professional development webinars. SAME membership benefits include scholarships, professional growth, and a valuable professional network. Interested individuals can contact

SAME.Italy@outlook.com



USO COFFEE CONNECTIONS

AUG **22**
1000-1100

COFFEE CONNECTIONS: DIY EARRINGS



Join us for a morning of coffee, conversation, and creativity! Connect with fellow spouses while designing your own earrings using beads and simple tools. No experience needed —just come ready to sip, socialize, and get crafty. Register below!



bit.ly/CCdiyearring

REGISTER NOW ➔



SUPPORT SITE COMMUNITY CENTER





Ages
3-5 years

Start Smart Soccer

Practices begin Monday, Oct. 6

\$25

Start Smart soccer prepares 3- to 5-year-olds for organized soccer in a fun environment without the threat of competition or fear of getting hurt. At weekly practices, parents work with their children to learn the basic skills for the sport in a supportive environment.

For more details and to register, scan the QR code.
Register and pay by Sept. 11.



For more information,
call 081-811-4722 / DSN 629-4722
or email NaplesYSF@us.navy.mil.



**Think
your teen*
will want to:**



**Go on fun
field trips?**

**Hang out at the
Teen Center?**



**Attend workshops
including babysitting and
teen employment**



**Join clubs and
events?**



Sign them up!

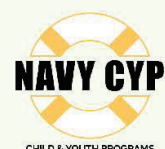
*Youth 12 years old and in seventh grade to high school seniors may attend the Teen Center and its events.

**Complete an annual registration packet, so
you can be ready when your teen is!**

Steps:

1. Go to navymwrnaples.com/child-youth/teen-center
2. In the Downloads list, on the right, download "NSA Naples Teen Center Registration Packet."
3. Complete the form (print or type information).
4. Drop off the form at School Age Care on Support Site.

For questions or more information,
email NaplesCYP1@us.navy.mil or call 081-811-4395/DSN 629-4395.



YOU ARE WANTED



**All outlaws, cowgirls and cowboys:
come ready to dance, duel (with nerf guns)
and have a hootin' hollerin' time.**



WILD WEST BASH
Wednesday, Aug. 13
5-6:30 p.m. | Teen Center



REWARD

Registered? Yee-haw! Come hang out with us!

WARNING

Not registered? Bring a parent with you to
sign up and check out the Teen Center.

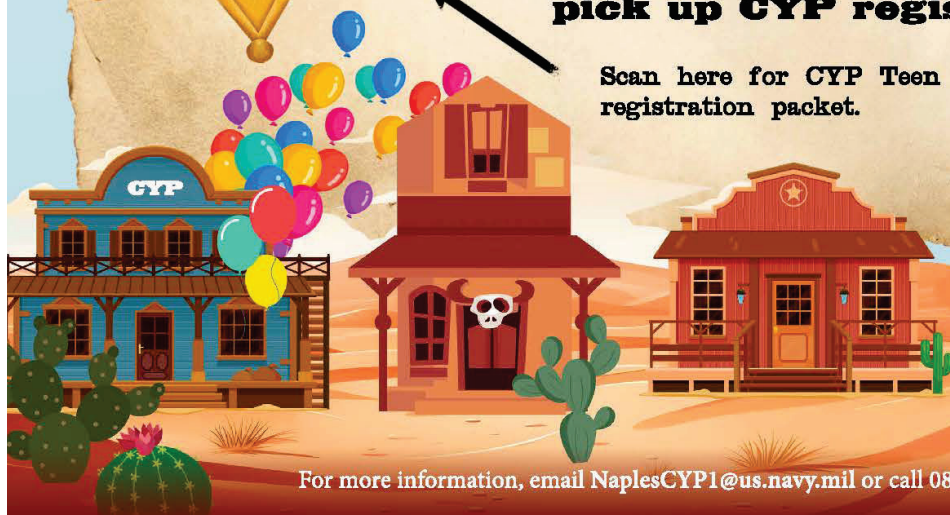


Saddle up for the **best party** around town.
Don't make us send a posse after ya!

**For youth ages 12-18 years
(rising 7-12 grades).
Parents are encouraged to
attend to meet CYP staff and
pick up CYP registration forms.**



Scan here for CYP Teen Center
registration packet.



For more information, email NaplesCYP1@us.navy.mil or call 081-811-4722 | DSN 629-4722.

TEEN ORIENTATION

Are you new to Naples and in grades 7-12?

Join us for
**Ceramics
Painting**



New and current youth welcome!

Wednesday, Aug. 6

10 a.m.-2:30 p.m.

Teen Center, Support Site

\$15



Small flower pot



Tray with six cups



Small chicken jug



Fruit plate



Register by July 28

Youth in grades 7-12 who are registered with NSA Naples CYP are welcome to attend. Lunch provided.

What guarantees your spot?

- Completed CYP registration form
- Field trip permission form signed by your parent/guardian
- Field trip payment (pay with credit/debit card)
- Ceramic item selection (tray with six cups, small chicken jug, fruit plate or small flower pot)

Register at the School Age Care front desk, Bldg. 2072.
Scan here for CYP Teen Center registration packet.



For more information, email the School Liaison at NaplesSLP@us.navy.mil.





VTAP

Virtual Transition Assistance Program

JUL-SEP 2025

The Transition Assistance Program

- Designed to provide success in transitioning from military to civilian life.
- Meets career Readiness Standards (CRS) with resources, tools, services and skill-building.
- Live facilitator components from the Fleet and Family Support Center, Department of Labor and the Small Business Administration.

Certificate of Completion

- Must be logged into the live classroom under your own LMS account.
- Single-session training: Attendance required for the full length.
- Multiple-session training: Attendance required for all components to fulfill Career Readiness Standards.

Transitioning Spouses

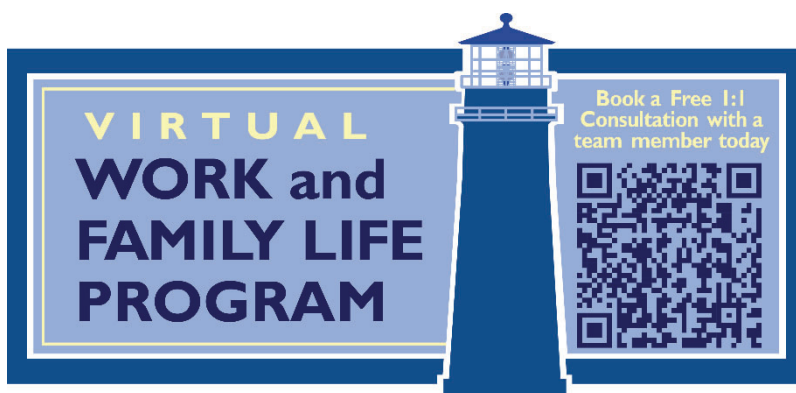
- Spouses are welcome to attend VTAP training.
- The self-paced [Navy Spouses in Transition](#) is available 24/7 to prepare spouses for uncertainties such as a possible move, financial adjustment and job searching. The training can be found in the Navy Career and Transition section of the home page of MyNavyFamily.com.

Classes fill quickly. Register early!

Title	Date	EASTERN	PACIFIC
Pre-Separation Counseling 2 Hours	8 Jul	11:00 AM	8:00 AM
	22 Jul	6:00 PM	3:00 PM
	12 Aug	9:00 AM	6:00 AM
	26 Aug	6:00 PM	3:00 PM
	9 Sep	11:00 AM	8:00 AM
	23 Sep	6:00 PM	3:00 PM
Military Occupational Codes Crosswalk (MOC Crosswalk) 1.5 Hours	23 Jul	7:15 PM	4:15 PM
	12 Aug	5:00 PM	2:00 PM
	27 Aug	7:15 PM	4:15 PM
	24 Sep	7:15 PM	4:15 PM
Managing Your Transition (MY Transition) 1 Hour	23 Jul	6:00 PM	3:00 PM
	27 Aug	11:30 AM	8:30 AM
	24 Sep	6:00 PM	3:00 PM
Financial Planning for Transition 3.5 Hours	24 Jul	6:00 PM	3:00 PM
	12 Aug	1:00 PM	10:00 AM
	28 Aug	6:00 PM	3:00 PM
	25 Sep	6:00 PM	3:00 PM
DOL Employment Fundamentals of Career Transition 8 Hours	13 Aug	9:00 AM	6:00 AM
DOL Vocational (Part 1 of 2) 8 Hours	14 Aug	9:00 AM	6:00 AM
DOL Vocational (Part 2 of 2) 8 Hours	15 Aug	9:00 AM	6:00 AM

To Register for these or any other Virtual FFSC webinars:

1. Make a free account at MyNavyFamily.com.
2. Click on “Live Webinars” at the top of the page to view the full list of offerings.
3. Click on the title of a session to view the information and description.
4. Click on “register now” to register for the course.





NSA NAPLES CHAPEL

Worship Schedule

Catholic **Weekend Mass**

Saturday

1600 Confession/Adoration

1700 @ Support Site

Sunday

1045-1115 Confessions

1130 @ Support Site

Weekday Mass

(Except for Federal Holidays falling on M-F)

Tuesday + Thursday

1200 @ Capo

Wednesday

1200 @ Support Site

Friday

0800 @ Support Site

T-F confessions 30mins prior to Mass.

Protestant **Sunday Services**

@ Support Site

0930 Protestant Service

Points of contact for local Jewish and Latter Day Saints are available. Please contact the Chaplain's Office for more information.

Contact Numbers

Chaplain's Office @ Support Site
DSN: 629-4608 / Com: (+39) 081-811-4608

Chaplain's Office @ Capodichino
DSN: 626-3539 / Com: (+39) 081-568-3539

Duty Chaplain: (+39) 366-680-5972



NSA Naples Chapel

See a movie

at Reel Times 2 Cinema



New stadium seating!



Scan here for a
weekly schedule

Reel Times 2 cinema





NAPLES WELLNESS COLLECTIVE

CLUBS • SPORTS • SUPPORT GROUPS • SKILL-BUILDING • HOBBIES

Living well starts with taking care of your whole self:
your mind, body, spirit and social life.



Find your thing! Scan the
QR code and choose something
to do for yourself today!

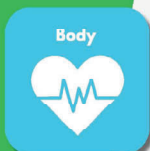
For more information, call 081-811-6372 | DSN 629-6372.



PREP *and* PLATE



**Living well starts with taking care of your whole self:
your mind, body, spirit and social life.**



Taking care of your body starts with eating healthy.



**Look for healthy, easy meal ideas on recipes posted
throughout the Commissary. The recipes have been approved
by the Naval Hospital dietitian. Ingredients are located near
the recipe, so you can grab and go!**



*Scan here for
all healthy recipes.*



**American
Red Cross**

Service to the Armed Forces

VOLUNTEERS WELCOME!



**Interested in
joining us?**

Call us at 081-568-4788 or send us
an email at naples@redcross.org
for questions. We are looking
forward to hear from you!





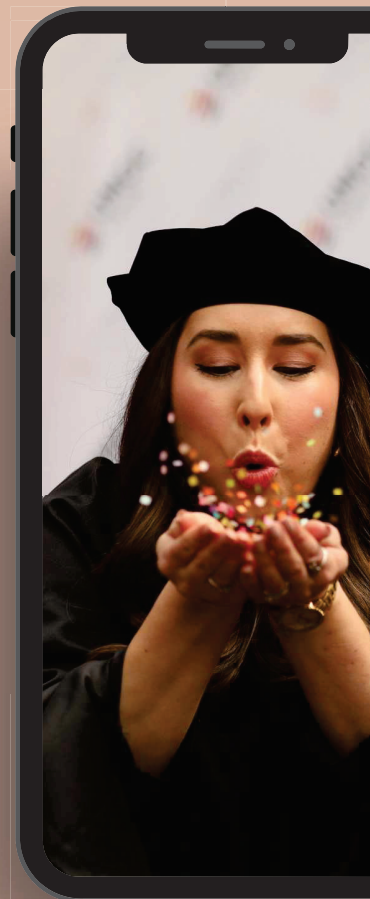
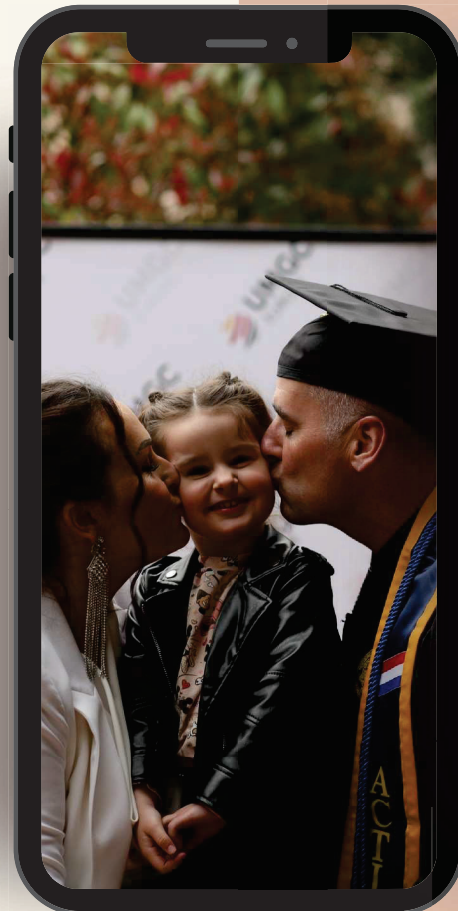
UNIVERSITY OF MARYLAND GLOBAL CAMPUS | EUROPE

*Get your Degree
with UMGC Naples*



FOLLOW US
ON FACEBOOK

facebook.com/UMGCNaples





**American
Red Cross**

**Adult & Pediatric
First Aid/AED +
CPR Training**

**Blended learning format:
Online & In-person**

We also offer:

**Babysitter certification
with CPR/AED/First Aid**

 081-568-4788

 naples@redcross.org

**Upcoming classes
and registration**



Teens & Youth

Is Life Feeling Heavy?

It doesn't have to.

moving again...!

Uuugh! overwhelmed!

EMERGENCY CRISIS
DSN: 911
COMMERCIAL:
081-568-4911

Fleet and Family Support Center

Services are available to U.S. military, civilian and contractor family members. Counseling for individuals (children and adolescents) and their families.

- Office: 081-811-6372 / DSN 314-629-6372
- After hours: 331-691-8268
- Virtual Clinical Counseling (via TEAMS) +1 855-205-6749

Military OneSource

Counseling services are available to U.S. military family members 13 years and older.

- Worldwide toll-free: 00-800-342-9647
- Worldwide collect: 001-703-253-7599
- Telecom Italia: 800-172-405
- <https://livechat.militaryonesourceconnect.org/chat>

Military Family Life Counselors

Military Family Life Counselors provide confidential non-medical counseling, consultation and outreach services to eligible children, youth, parents, faculty and staff both on and off military installations.

Scan for phone numbers



Employee Assistance Program

Links employees' family members to qualified local services and provides licensed confidential support to help with difficult issues.

- DONCEAP: 001-888-320-2917 or 001-888-262-7878
- NAF EAP: 001-800-932-0034
- <https://magellanhealth.com/global>



Chaplain

Offers 100 percent confidential counseling with no reporting requirements for a wide variety of religious and non-religious issues. Chaplain services are available to military, civilian and contractor family members.

Capodichino 081-568-3535 / DSN 314-626-3539
Support Site 081-811-4600 / DSN 314-629-4600
After hours: 366-680-5972

U.S. Naval Hospital

Pediatrics and Family Medicine

To schedule an appointment with your primary care provider, call 081-811-6000 / DSN 314-629-6000 or visit www.TRICAREonline.com.

Local Resources

Reach Aut: Provides clinical individual and family support to any age group from childhood through adulthood. 342-800-6115 or www.carelikehome.org.



Scan for Mental Health Resources.



FLEET AND FAMILY READINESS OFFICE

Bldg. 450 Located on the second floor (Italian first floor) above Navy Marine Corps Relief Society and American Red Cross; Hours may vary.

NEW SPACE NOW OFFERING:

SAPR Services | Intercultural Relations |
VA Benefits Advisor Services (Thurs. & Fri.)





Housing Policy Update

For On-Base Residents with Fully Electric Vehicles

We've heard your concerns regarding the challenges of owning fully electric vehicles under the current housing policy. We appreciate your feedback and are excited to announce that we are updating this policy to better address your needs.

For those that have previously submitted an exception to policy request related to charging vehicles on-base, the Housing team will be in touch soon to discuss the option of relocating to economy housing. We are dedicated to supporting our residents throughout this transition and encourage you to reach out to us directly at naples_housing@us.navy.mil with any questions.

Required Documents to submit Exception to Policy:

1. Proof of PCS with vehicle from VPC
2. Proof of vehicle specifications, including full EV, partial electric vehicles do not fit this criteria.
3. Proof of registration with MVRO or a Signed memo stating intentions to register and maintain ownership of the vehicle throughout the duration of the tour.

